



# CELEBRATING 15 YEARS OF EMPOWERING YOUTH IN SERVICE AND LEADERSHIP

2008 - 2023 | EXPLORE. ACT. LEAD.



# ANNUAL REPORT 2022-2023

## OUR MISSION

At Hands4Hope - Youth Making A Difference, our mission is to inspire and empower youth in leadership and service. We do this by giving youth a platform to make their voices heard on issues affecting our community and providing them the opportunity to take action in their own way.

## OUR PROGRAMS:



### Community Engagement

The Community Engagement Program gives youth hands-on experience in community service. They engage in meaningful events and outreaches as they learn more about the needs around them. It is an enriching real-life experience focused on youth development. Our goal is to deepen their understanding of community issues, provide opportunities to make a difference in the community, and give youth exposure to people they may not encounter in their daily lives. Youth in Kindergarten through 12th grade can participate.

“

We all start somewhere, and I am fortunate to have been a part of Hands4Hope because of the opportunity to practice leadership, communication, and project development skills, just to name a few, that benefit me every single day now as a medical student.

*Haley Lehtola  
Hands4Hope Alumna (2015)*

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### Education

The Education Program engages youth through service-learning, a hands-on approach, which allows youth to develop new skills such as project management and team leadership while serving others. By utilizing a learn-by-doing model youth expand their knowledge of the community and build valuable life skills. Leadership development is a key component to this program. Youth learn and practice leadership skills with their peers. Each on-campus club and after-school committee is led by a team of youth leaders who guide the team to accomplish their collaborative goals. Youth in 6th-12th grades can participate on campus in a club or after-school in a committee at one of the Hands4Hope Youth Centers.

### Leadership

We teach and coach leaders using the well regarded Gallup® strengths based tools and methodologies. Youth specifically learn more about their individual strengths and those of others on their leadership team. Strengths based leadership builds a strong foundation for young leaders to accept and appreciate the unique and diverse makeup of others and their teams, while building critical skills in self awareness, communication and collaboration. We offer various levels of leadership opportunities for youth in middle school through college.



# 2022-2023 | YEAR IN REVIEW



605

Youth who participated in Education and Community Engagement Programs



320

Youth participating in on campus Service Learning Clubs



10,587

Toiletries items collected



12,349

Winter clothing items collected & distributed



1,750

Pounds of food collected & distributed



6,965

Meals delivered



4,445

Crafts, cards, and desserts made by volunteers



71

No-sew blankets made & distributed



11,912

Individuals/Animals served in our community



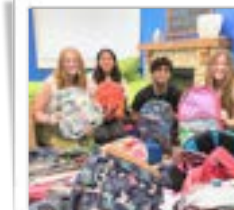
12,327

Hours served by youth participants. **A 30% increase from last year!**



306

Total outreaches & projects



\$39,125

Total value of school supplies collected & distributed to 650 children



52

Youth attended summer leadership camp



176

Youth leadership opportunities filled



34

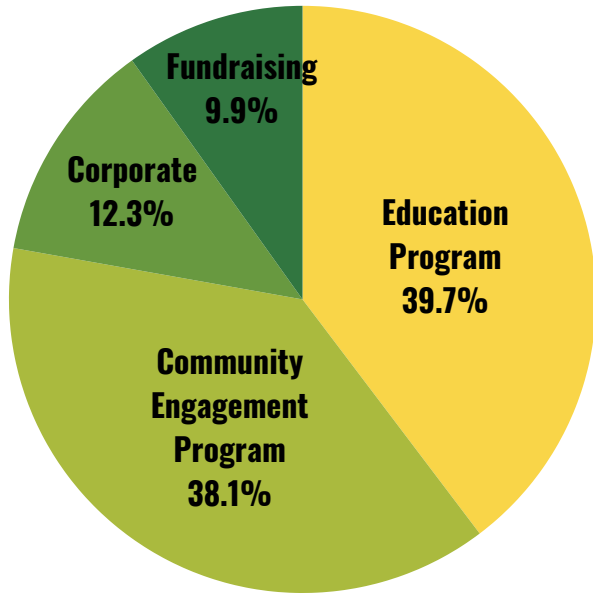
Partner agencies benefited from youth led projects



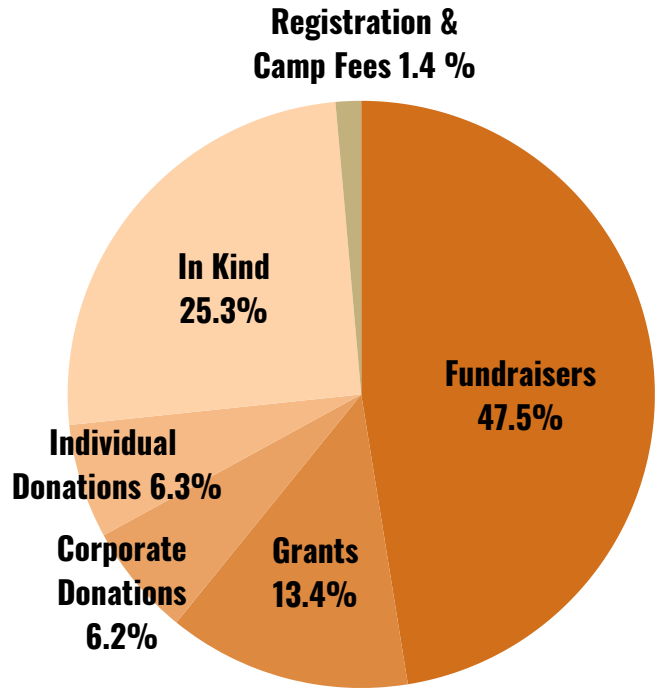
2,088

Items distributed in ongoing Caldor Fire relief efforts

# 2022 FINANCIALS



2022 EXPENSES



2022 INCOME



## THANK YOU TO OUR SPONSORS:



Yoffie Real Estate Group - Keller Williams Realty El Dorado Hills  
 Sierra Pacific Industries | Thompsons Toyota | Freda B. Runyon Foundation  
 Thomas P. Winn Foundation | Stafford Family

This year, Hands4Hope - Youth Making A Difference celebrated 15 years of creating opportunities for youth to understand and utilize their strengths to make a positive difference in the lives of others and in their community. Hands4Hope - Youth Making A Difference has risen to address challenges and has pivoted its programming as needed to make it possible for youth to stay engaged and to help those struggling most. We have created a safe place for youth to want to step up and take action.

*Jennifer Bassett*  
 Founder & Executive Director