

HANDS4HOPE - YOUTH MAKING A DIFFERENCE

FOLSOM UPDATE 2022-2023



THE IMPACT OF YOUR SUPPORT!

HANDS4HOPE'S SERVICE-LEARNING CLUBS IN FOLSOM ARE GROWING & THRIVING!

Hands4Hope Clubs are growing in Folsom, with demand at an all time high and over 120 youth leaders and participants. The newest clubs at Vista del Lago High School and Folsom Middle, are thriving! Club projects include helping the homeless, the visually impaired, serving seniors and aiding animal rescue and adoption efforts. See all the Folsom Clubs' service projects on page 2.

"As a sitting Board Member with the Folsom Cordova Unified School District, I have seen first hand the amazing work that our students do when it comes to community engagement, the formation of clubs on campus, service learning, and the development of youth leadership. I am very thankful to be a part of Hands4Hope and the support they give our students."

-Chris Clark,
Hands4Hope Folsom Steering Committee Member



Folsom High youth participate in a club team build at the Hands4Hope Youth Center.



Sutter Middle Hands4Hope Club Participants, joined by Houdini, raise funds for Guide Dogs for The Blind by hosting a snack bar at a school event.

"Hands4Hope - Youth Making A Difference has helped me become a well-rounded person. It has really helped increase my confidence while speaking to my peers, time management and working with others. I have also had many opportunities to grow as a leader."

-Eadora Hormozi, Folsom High School senior and Hands4Hope Youth Board Executive Committee PR Coordinator

WARM MEALS WARM HEARTS



In its 10th year, Hands4Hope's monthly Mercy Creekview Senior Dinner is back to in person dining providing a warm meal, entertainment, and most important companionship to 30-50 seniors.

"The lessons that happen at the Mercy Senior Dinner Outreach...I realize them when we are in the car and the kids give a download of the event from their eyes...so, so powerful and it hits their hearts more than I could ever teach them or tell them myself...thank you for providing opportunities for youth to help give back."

-Shannon Merriman, Hands4Hope Adult Volunteer

SERVING OUR COMMUNITY

FOLSOM HANDS4HOPE CLUB SERVICE PROJECTS SUPPORT LOCAL SENIORS AND ANIMALS

Folsom High voted to support a local chapter of Guide Dogs for the Blind. They are making fleece pull toys and planning a dine out night fundraiser and a Neighborhood Dash to collect needed supplies.

Vista del Lago High hosted a Valentine Bear Gram Sale on campus and is planning a spring car wash for All About Equine animal rescue.

Sutter Middle also decided to benefit Guide Dogs for the Blind. They will make fleece dog blankets and training toys, as well as host candy sales at several on-campus events to raise funds.

Folsom Middle is supporting seniors at Brookdale Senior Living in Folsom. The youth will bring some much-needed companionship to the residents. They already had a site visit, and are planning various events like a bingo night and a technology assistance day. The Club will host a Neighborhood Dash to collect bingo prize items and conduct interviews with the veteran residents as part of Brookdale's Veteran Wall.



Folsom High



Sutter Middle



Folsom Middle



Vista del Lago HS

FOLSOM SCHOOLS PARTICIPATE IN WARM & FUZZY DRIVE



The Warm & Fuzzy Drive is the perfect opportunity for elementary-aged youth to learn how to help those in need in their community! The addition of new participating Folsom schools and businesses helped meet the increase in demand for clothing at the 13th Annual Hands4Hope Winter Boutique.

MAKING A DIFFERENCE AT FOLSOM COMMUNITY SERVICE DAY 2022



Youth help bring in close to 30 tons of food at the Folsom Community Serve Day. *"It was so rewarding to see Hands4Hope youth take on leadership roles and work with the volunteers."*
-Jennifer Cole, Hands4Hope Folsom Community Engagement Ambassador

SERVING OUR COMMUNITY

FOLSOM HANDS4HOPE CLUB SERVICE PROJECTS SUPPORT LOCAL SENIORS AND ANIMALS

Folsom High voted to support a local chapter of Guide Dogs for the Blind. They are making fleece pull toys and planning a dine out night fundraiser and a Neighborhood Dash to collect needed supplies.

Vista del Lago High hosted a Valentine Bear Gram Sale on campus and is planning a spring car wash for All About Equine animal rescue.

Sutter Middle also decided to benefit Guide Dogs for the Blind. They will make fleece dog blankets and training toys, as well as host candy sales at several on-campus events to raise funds.

Folsom Middle is supporting seniors at Brookdale Senior Living in Folsom. The youth will bring some much-needed companionship to the residents. They already had a site visit, and are planning various events like a bingo night and a technology assistance day. The Club will host a Neighborhood Dash to collect bingo prize items and conduct interviews with the veteran residents as part of Brookdale's Veteran Wall.



Folsom High



Folsom Middle



Sutter Middle



Vista del Lago HS

FOLSOM SCHOOLS PARTICIPATE IN WARM & FUZZY DRIVE



The Warm & Fuzzy Drive is the perfect opportunity for elementary-aged youth to learn how to help those in need in their community! The addition of new participating Folsom schools and businesses helped meet the increase in demand for clothing at the 13th Annual Hands4Hope Winter Boutique.

As a team build in December, **Sutter and Folsom Middle Hands4Hope Service-Learning Clubs** collected needed toiletries worth over \$350 and bundled them in stockings for Loaves and Fishes.

MAKING A DIFFERENCE AT FOLSOM COMMUNITY SERVICE DAY 2022



Youth help bring in close to 30 tons of food at the Folsom Community Serve Day. *"It was so rewarding to see Hands4Hope youth take on leadership roles and work with the volunteers."*
-Jennifer Cole, Hands4Hope Folsom Community Engagement Ambassador

SERVING OUR COMMUNITY

FOLSOM HANDS4HOPE CLUB SERVICE PROJECTS SUPPORT LOCAL SENIORS AND ANIMALS

Folsom High voted to support a local chapter of Guide Dogs for the Blind. They are making fleece pull toys and planning a dine out night fundraiser and a Neighborhood Dash to collect needed supplies.

Vista del Lago High hosted a Valentine Bear Gram Sale on campus and is planning a spring car wash for All About Equine animal rescue.

Sutter Middle also decided to benefit Guide Dogs for the Blind. They will make fleece dog blankets and training toys, as well as host candy sales at several on-campus events to raise funds.

Folsom Middle is supporting seniors at Brookdale Senior Living in Folsom. The youth will bring some much-needed companionship to the residents. They already had a site visit, and are planning various events like a bingo night and a technology assistance day. The Club will host a Neighborhood Dash to collect bingo prize items and conduct interviews with the veteran residents as part of Brookdale's Veteran Wall.

As a team build in December, **Sutter and Folsom Middle Hands4Hope Service-Learning Clubs** collected needed toiletries worth over \$350 and bundled them in stockings for Loaves and Fishes.

FOLSOM ELEMENTARY SCHOOLS PARTICIPATE IN WARM & FUZZY DRIVE

With the addition of new Folsom schools and businesses as participants in this year's Warm & Fuzzy Drive, youth collected and distributed over 12,000 pieces of warm winter wear during the Winter Boutique and through partner agencies! Vista del Lago High School senior, Jennifer Cole, Hands4Hope's Community Engagement Ambassador for Folsom, coordinated the placement of collection bins at four Folsom elementary schools - Natoma Station, Sandra Gallardo, Gold Ridge and Folsom Hills. Now in its 13th year, the Warm & Fuzzy Drive is the perfect opportunity for elementary-aged youth to learn how to help those in need in their own community!

MAKING A DIFFERENCE AT FOLSOM COMMUNITY SERVICE DAY 2022

At Folsom's Annual Community Service Day in September, Hands4Hope volunteers helped safely guide traffic, unload cars filled with donated food, organize paper bags and sort food items into bins, collecting and sorting over 61,000 pounds of food (approximately 30 tons) for Twin Lakes Food Bank.



Folsom High



Vista del Lago HS



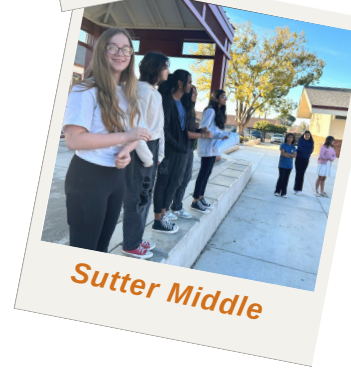
Winter Boutique



Folsom community service day



Folsom Middle



Sutter Middle



Warm & Fuzzy Drive



Service to Serve