

HANDS4HOPE

YOUTH MAKING A DIFFERENCE

2015 YEAR IN REVIEW

14,000+

PEOPLE IN NEED
SERVED IN OUR
COMMUNITY

135%

INCREASE IN
SCHOOL CLUB
PARTICIPATION



WWW.HANDS4HOPEYOUTH.ORG



Camerado Middle
School H4H Club

MESSAGE FROM JENNIFER

□Dear Hands4Hope Participants and Supporters,

In 2015, the youth in Hands4Hope did an amazing amount of work to benefit the community, raised funds for causes close to their hearts, and learned skills that will benefit them for a lifetime. It was wonderful to reflect on some of our great accomplishments of the year, and we are pleased to present these to you with words, pictures, and impressive statistics in our first Annual Report. It is our chance to share with you all that our youth have achieved, brought to life with a photo story of our youth in action.

We wish you a very happy, hopeful, and successful 2016!

- Jennifer

□Jennifer Bassett
Founder
Executive Director



CULTIVATING THE NEXT GENERATION OF SOCIALLY RESPONSIBLE CITIZENS



6th Annual Blanket Making Party



Oak Ridge High School H4H Club "Club Day"



Break Free Run Kids Run



Scare4Hope Haunted House Participants



Oak Ridge High School H4H Club
Neighborhood Food Blitz

Hands4Hope empowers youth to make a positive difference in the world around them through Exploration, Action, and Leadership.

OUTREACHES & EVENTS

Outreaches are the platform from which youth in Hands4Hope learn about and engage with their community. Both youth- and community-centered, Hands4Hope gives youth, kindergarten through 12th grade, rich learning experiences that help them develop leadership skills while providing exposure to populations they may not encounter during their day-to-day life.

Participants in Hands4Hope outreach events engage in activities that address human and community needs together, learning first-hand about social issues and the power they have to make a positive difference. Through these experiences, Hands4Hope youth find their passion and their voice, often recruiting fellow students and friends to join in their efforts. Once they understand the power they have and the impact they can make on another's life, they want to do more and it shows in the numbers that follow.



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205

TOTAL OUTREACH EVENTS

3,640

VOLUNTEER HOURS

750

YOUTH PARTICIPATING

65

ADULT ADVISORS

POPULAR ON-GOING EVENTS

- **GVCC Saturday Cafe** - Youth help distribute food, run carts, bag clothes, serve meals, clear tables, etc. at one of the largest food distribution points in El Dorado County. (2x/month)
- **GVCC Kids Oasis** - Youth mentor children while their families shop at the Saturday Cafe. (2x/month)
- **Hope House Mentoring** - Youth mentor the children at Hope House while their moms are in meetings onsite. (1x/month)
- **Sister Nora's Place Dinner** - Youth bring either a prepared or ready to cook dinner for the female residents of Sister Nora's Place, a local women's shelter and eat dinner with them. (1x/month)
- **Mercy Creekview Senior Dinner** - Youth spend time with seniors at Creekview Manor socializing, helping with craft activities, playing games, and serving dinner. (1x/month)
- **Sacramento & Placerville Homeless Outreaches** - Youth prepare and hand out sack lunches, along with toiletries and other needed items to the homeless communities in downtown Sacramento and Placerville. (1x/month)
- **Project Birthday!** - Hands4Hope youth host a birthday party for the children at a Mercy housing complex, an affordable income apartment community. (1x/month)



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7,102

**POUNDS OF COLLECTED AND DISTRIBUTED
ITEMS (FOOD, CLOTHES, TOILETRIES ETC)**

\$17,659

RAISED AND DISTRIBUTED TO HELP THE COMMUNITY

14,000+

PEOPLE SERVED



6th Annual Blanket Making Party

NUMBERS BROKEN DOWN:

- 8,618 FOOD BAGS DISTRIBUTED
- 2,261 MEALS SERVED
- 800 CHILDREN MENTORED
- 50 SENIORS SERVED AND ENGAGED
IN ACTIVITIES THROUGH **MONTHLY
OUTREACH**



Homeless Outreach Preparation



Twin Lakes Food Bank Christmas Shopping Event



White Rock Art Days



Mercy Creekview Senior Dinner

“

Thanks so much for your support in organizing the homeless outreach project. Our youth really found great value in the experience and made some powerful reflections afterwards about stereotypes, their role in advancing change and what it means to build community. Your team of youth leaders were great to work with, flexible with our kids, and great role models.

”

- Intel Leadership Group

CLUBS & COMMITTEES

Hands4Hope's school-based club program and after-school project committees incorporate our mission by providing opportunities for students to Explore needs in their communities, Act on them by creating, developing, and implementing service-learning projects, all while offering a variety of opportunities to Lead. The goals for this program include: creating awareness of community needs, inspiring compassion that leads toward meaningful action, and offering opportunities for leadership and personal development.

Each Hands4Hope Club is run by a leadership team of youth who are voted in by student peers. Team Hope, Hands4Hope's elementary club, is run by high school students. All Clubs are mentored by the Hands4Hope youth development coordinator, with volunteer advisors who assist breakout committees.

Hands4Hope Clubs differentiate from other clubs and organizations because youth in the program are immediately given the responsibility and power to make decisions on everything from Club policies to Club focus areas. Each Hands4Hope Club explores social issues and areas of need in their community by bringing in speakers who specialize in their interest areas. They decide on and build their projects based on the information shared.



El Dorado HS Club Meeting



Ponderosa HS Club donating to Jobs Shelter



Herbert Green MS Club Meeting



Camerado Springs MS Club Meeting



Team Hope Club Meeting

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Marina Village MS Club Meeting



Union Mine HS Club Fall Food Blitz

Hands4Hope school clubs have grown substantially in their participation rate - over 135%, on average, from the 2014/2015 to 2015/2016 school year!

Over the years, there have been multiple requests to start clubs in other schools (including Pleasant Grove MS, Vista De Lago HS, Folsom MS, Sutter MS and St. Francis HS), with interested youth willing to develop and lead those clubs.

However, with limited resources (both adults advisors and funds), Hands4Hope has not been able to expand to support these requests.

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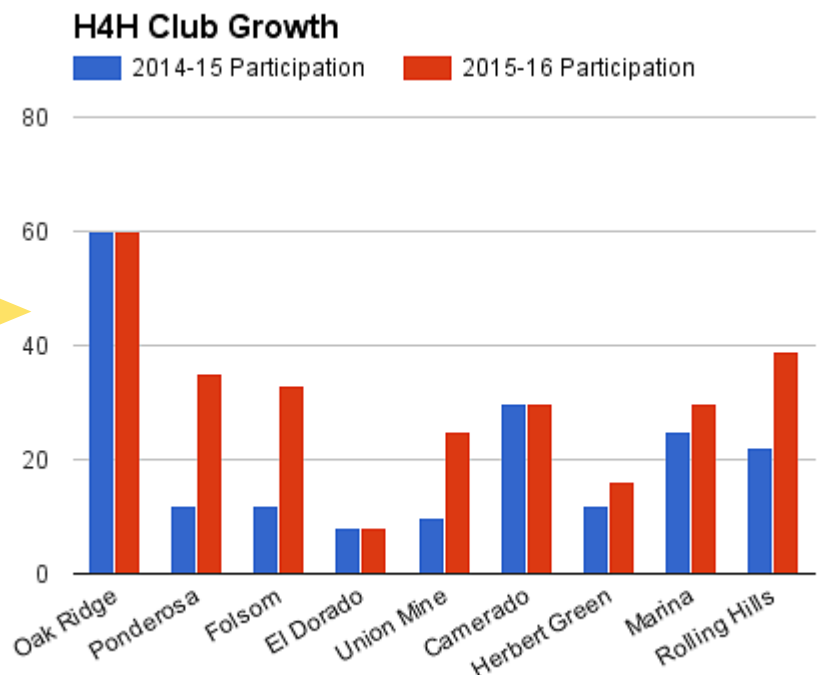
PARTICIPATING SCHOOLS FROM PLACERVILLE TO SACRAMENTO

421

STUDENTS PARTICIPATING IN OUR CLUBS

135%

AVERAGE INCREASE IN STUDENT PARTICIPATION OVER THE LAST SCHOOL YEAR



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55

SERVICE LEARNING PROJECTS

\$28,291

RAISED AND DISTRIBUTED TO HELP
THE COMMUNITY

4,000+

PEOPLE SERVED

7,200

VOLUNTEER HOURS



Rolling Hills MS Club Bake Sale for donations



Oak Ridge HS Club Meeting



Oak Ridge High School H4H Club Fall Food Blitz

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8,890

ITEMS COLLECTED AND DISTRIBUTED

1,605

POUNDS OF FOOD COLLECTED



Folsom High School H4H Club Fall Food Blitz

“With Hands4Hope, I've seen what a huge impact you can have in your community. I've also gained so much that I will take with me. A few years ago, I never would have been able to speak in front of even a small group of peers, much less a crowd.”

- Marin Cross, current H4H Youth Board President and
Folsom HS Senior



WHAT IS THE MOST IMPORTANT THING YOU LEARNED THROUGH YOUR INVOLVEMENT WITH HANDS4HOPE?

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- I learned the importance of leadership and responsibility, especially when I had something to contribute to an event.
 - I have learned that although I cannot volunteer a lot, my small contributions make an impact...
 - I have learned how to be a part of a team and how to trust others.
 - I felt like my voice was heard in my committee. I felt like I really had an impact.
 - Giving back is good for everyone and a ton of fun.
 - This is one of the best opportunities I have taken advantage of during my high school career.
 - The needs in the community and a lot about myself...to be more confident and social with new people.
- There is a great group of people around me willing to help out in the community.
- It is helpful to contribute to the community; it benefits me as a person and those all around.



LEADERSHIP



Hands4Hope's leadership program is based on the servant leadership philosophy and set of practices, which enriches the lives of individuals, builds better organizations and ultimately creates a more just and caring world.

With the vision of cultivating the next generation of socially responsible citizens, Hands4Hope's program fosters mutual understanding, respect, and civic engagement among its young leaders. Once a youth accepts a leadership position, whether it be for one of the school-based H4H Clubs or an outreach project committee, they are invited to participate in workshops, team building exercises, leadership camps, and meetings with community leaders and organizations. Additionally, youth leaders assist in the development and implementation of Hands4Hope leadership activities.

Through participation in Hands4Hope, youth learn that there is not a set mold for a leader . . . servant leadership is driven by passion, the desire to take action, and the ability to inspire others to do the same.



Pictures Youth Leadership Retreats

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19

YOUTH LED
COMMITTEES

103

YOUTH LEADERSHIP
OPPORTUNITIES

6

HIGH SCHOOL/
COLLEGE INTERNS

3

LEADERSHIP CAMPS



Middle School Leadership Retreat

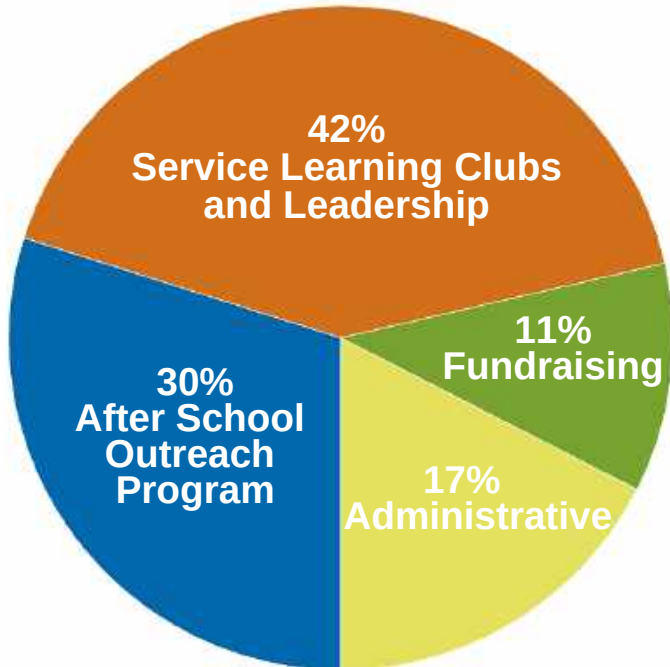
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In 2015 participating youth reported growth in the areas of Positive Youth Development, Skills and Mastery, Social Awareness and Social Capital :

- **95%** of participating youth reported that after participating in a Hands4Hope School Club they felt they had the skills to make a difference in their community.
- **93%** reported being able to work well as a member of a team and felt that they learned to accept other people's perspectives.
- **88%** reported learning the skills to gather information about a problem before deciding what action to take.
- **86%** reported learning the skills to initiate an action plan.
- **80%** reported gaining communication skills, including speaking well in front of a group and speaking with community leaders.
- **91%** reported they felt personal responsibility to help their community.
- **95%** reported they felt youth can make an important impact in the community

FINANCIALS

2015 EXPENSES



TOTAL EXPENSES:
\$197,500

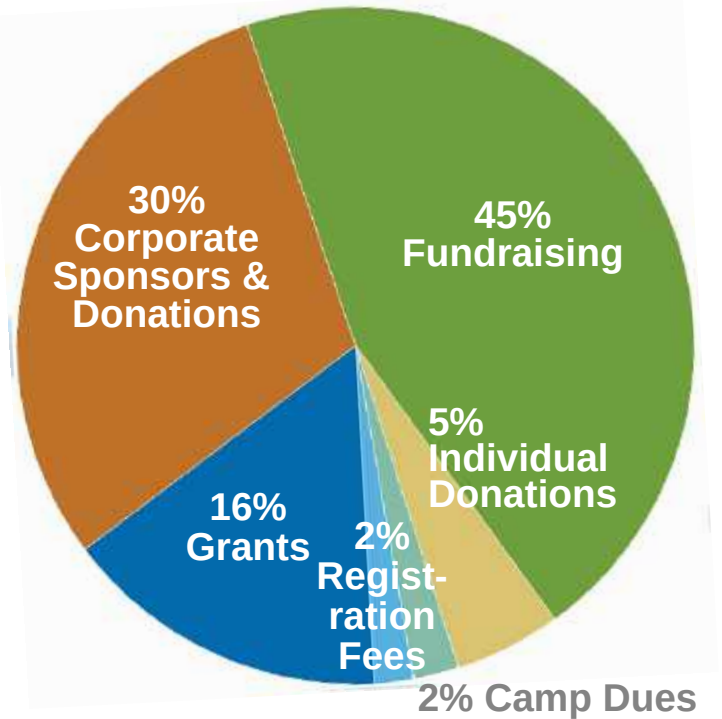
Cost per youth participant

After School Outreach Program	\$80
Leadership Program	\$420
Service Learning Club Program	\$165

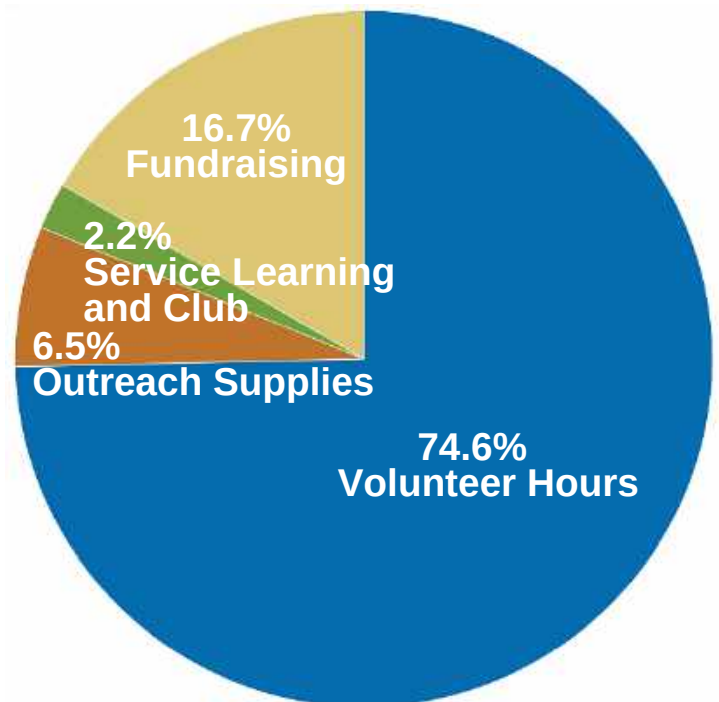
Cost per individual served

After School Outreach Program	<\$5.90
Service Learning Clubs & Leadership Program	<\$20.50

2015 INCOME



TOTAL INCOME:
\$185,900



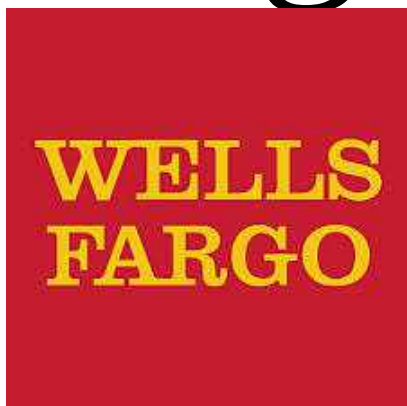
TOTAL IN-KIND DONATIONS:
\$276,130



www.hands4hopeyouth.org



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blue 
of california



A Project By
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